

Let the Institute know if you have items or information (about programs, people, publications, achievements, problems, etc.) that are of interest and could be included in the newsletter.

We Have a Site Visit Date! (By Bonnie Buchele, Ph.D.)

Drs. Bonnie Buchele, Director, and Richard Zeitner, Director-Elect, met with the Kansas City Subcommittee of the American Psychoanalytic Association (APsaA) Committee on New Training Facilities (CNTF) at the mid-year meeting of APsaA in Atlanta, Georgia, on June 15, 2008, for the regular semi-annual review of the status and progress of the Greater Kansas City Psychoanalytic Institute (GKCPI). This meeting, however, was special! Amidst high praise for many parts of our institute, the subcommittee told us that they believe we are poised and ready to become fully accredited and are recommending that to APsaA. In order for the Institute to be fully accredited we will need to have a combined COI (Committee on Institutes)/CNTF site visit from which, hopefully, the final recommendation would come. The date of the combined site visit is **February 4th through 8th, 2009**. Site visitors will include Helene Keable (chair), Katherine Brunkow, Carmela Perez (candidate representative), Allan Compton, Michael Moore, Jane Kite, and Bill Wemmer. The site visit will be similar to the one by CNTF that occurred in November of 2007, but will be one day longer and be more thorough.

The CNTF Kansas City Subcommittee members said that the work we had accomplished between November and June was impressive, including but not limited to recruiting new classes of candidates and psychotherapy students, expanding our physical space for the new students, improving our financial stability via instating a faculty dues for two years, increasing tuition, and planning for a case finding/practice building group to be held during the 2008/2009 academic year. They made very helpful suggestions about how we might plan a site visit that is successful, encouraging us to be as open as we were in November, urging all reports and paperwork to be submitted by December 31, 2008 and sharing as much as we can about how we make and process changes within our group.

Rich and I feel very proud to be part of such an outstanding group. All of you had made major contributions to this success and we are extremely appreciative of all your dedication, effort, time and contributions. Each of you will be hearing from us as we plan for this exciting event and step! It is likely that we are in the final stretch and what a celebration we will have when we get there!

COMING EVENTS:

- Sept. 5&6 – *First Day of Class*
- Sept. 12 – *Candidate & Student Reception*
- Sept. 16 – *Center Scientific Program (Alice Brand Bartlett, Ph.D.: The Evolution of the Life Dream in the Development of a Psychoanalytic Identity; A Narrative Study of Women Psychoanalysts)*
- Sept. 20 – *Orientation for 1st & 3rd Year Candidates & Psychotherapy Students*
- Oct. 21 – *Center Scientific Program (Bruce Hopkins, J.D.: Crafting Your Nonfiction – Articles, Books, and Other Writings)*
- Jan. 14-18 – *APsaA Winter Meeting*
- Feb. 4-9 – *CNTF/COI Site Visit*
- May 9 – *Center Annual Dinner*
- June 5 & 6 – *Last Day of Class*

A Candidate's Perspective:**A Case for More Discussion of Phone Analysis in the Literature** (By Deana Schuplin, LMHC)

Psychoanalysis in the US and the world has existed to a large degree in major cities. With the increase in geographic mobility along with flexibility in communication, there is a general movement toward its decentralization. People who are more and more physically separated have a range of options for instant contact with others. To date access to psychoanalysis has not broadened to the same degree. Currently, we have three candidates in analytic training in Kansas City, Missouri who live between one and three hours from the institute in three different directions. We are each making use of the telephone to complete our training analyses. Beyond our own situations, we are aware of growing interest in psychoanalysis in new areas of the world and here in the USA, where analysts and institutes are not nearby. It is apparent that there is a mutual hunger: many corners eager for what analysis has to offer and we are eager to put to use our specialized knowledge. We have run into interest in analysis in our smaller cities and heard about requests for training opportunities from unexpected places around the world.

We are not the first to consider and then take the step of using telephone contact for analysis. In response to our inquiries, we have learned that the phone has been used by a number of psychoanalysts including supervising and training analysts with good effect. Even so, this has not been broadly discussed and studied in the greater analytic community.

Lindon (1988) started the discussion in the literature and noted possible resistances in the analyst based on loyalty to tradition. This remains one viable hypothesis given the progress of dialogue. Ten years later Zalusky (1998) picks up the discussion with the introduction, "(p)ast traditions and prejudices have precluded many analysts from openly considering the use of the telephone in psychoanalysis" (p.1221). The pace increased, one half decade later when Leffert (2003) wrote "(p)sychoanalysis via telephone is becoming increasingly prevalent while remaining an area of comparatively little study" (p.101).

In 2008 the discussion is still revving up. The NYU Medical Center/NYU School of Medicine Psychoanalytic Institute academic calendar listed a PANY Scientific Meeting for February of this year where Marina Mirkin, M.D. (2008) was scheduled to present a case to discussant Jane Kite, Ph.D. which was to "serve as a springboard for discussion of the benefits and pitfalls of telephone analysis." The description included the introduction, "(o)ver the last several years, there has been increasing interest in the use of the phone in psychoanalytic practice, without much systematic attention to how it works." In a 20 year span we have not come a long way as a community in systematically evaluating this option.

Freud (1911) established a tradition of discovery, as he confidently and at the same time tentatively describes what he had discovered so far. It is clear that he would not have stopped asking questions. "Although there may perhaps be more than one good road to follow, still there are very many bad ones, and a comparison of the various methods cannot fail to be illuminating, even if it should not lead to a decision in favor of any particular one" (p.91).

We hope to use our experience to support expanding opportunities for psychoanalysis geographically without losing what is essential to analytic work. Our experience is a work in progress. Still our answer to date about whether an analytic process can occur by telephone is yes. We hope that we can contribute a unique point of view and be part of a broadening of the discussion and the process of further understanding and cultivating this vehicle for our work.

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Report from China

Sallye Wilkinson, Ph.D. shares the following with us about her trip to Asia last year. The world is getting smaller and there is so much to do.

“At the end of September, 2007 I went with a People to People delegation of psychologists and psychiatrists as a Goodwill Ambassador to China and Tibet. This was a first, combining psychologists and psychiatrists, as well as the first mental health delegation to travel to Tibet. There were 4 psychoanalysts in the group which drew people from 38 states.

We began in Beijing where we met a pioneer in Chinese psychiatry and President of several professional organizations in Beijing and in China. He gave us an historical overview of psychiatry/psychology in China. Psychiatry and psychology parallel China's status as a developing country. Although inpatient treatment is available in large cities, there is virtually no mental health treatment/ pharmacotherapy available in rural areas. We were also repeatedly told that there was virtually no outpatient treatment or aftercare as well. This doctor also spoke to concerns about the mental health of adolescents who are growing up 1) in a country undergoing rapid transformation; 2) without siblings due to the one-child policy (and by extension without aunts, uncles, and cousins). These single children, who are now beginning to have a child of their own, are under immense pressure to care for their aging parents (a cultural imperative under the Confucian value system), and are simultaneously pinning all their hopes on their only child to succeed and bring the family honor and financial security. Kids are routinely plugged into 12-15 hours of tutoring every day of the week to help them be accepted in one of the few university slots.

At the Beijing University Hospital we toured the inpatient wards and heard a series of lectures. They treat ADHD with what we would call OT and reported good results. They showed us the acupuncture points on your forearm used to treat alcoholism. My impression of inpatient treatment is that it has a moral basis reminiscent of several decades ago. Current medications are available, but seemed to be used only during the hospitalization. I met one of the psychiatrists in analysis and supervision with CAPA (Chinese American Psychoanalytic Alliance - organized by Elise Snyder, M.D. of APsA). He was extremely enthusiastic about psychoanalysis and ecstatic about talking to an American psychoanalyst.

We also visited a second hospital where we met internationally acclaimed Canadian Psychiatrist and Epidemiologist, Michael Phillips, M.D. His research documents the alarming increase in impulsive suicides by rural women who ingest pesticides. His department has tried to educate the Chinese government on basic public mental health interventions with mixed results. His center has a national suicide crisis line with 4 phones to serve 1.3 billion people. They get about 20,000 calls a month.

I also visited the Lama Temple, Forbidden City, and the Great Wall.

Tibet was the most fascinating for me. The Medical Director of the Tibetan Traditional Medicine Hospital of Lhasa gave a marvelous lecture using thangkas (Buddhist religious paintings) to illustrate the wholistic treatment of mind/body (which they do not distinguish). We then visited a western medicine hospital where one female psychiatrist tried to meet the needs of Tibet. A humanitarian visit to a school for the blind was especially moving (Tibetans, especially in rural areas, consider blind children to be the result of bad karma and ostracize them). At the school in Lhasa, they are given autonomy, and responsibility. When they go home speaking English they are rock stars in their villages. Visits to a nunnery, monastery and the Potola Palace were also very moving.

The final leg was in Cheng Du (where CAPA has a group of professionals learning about psychoanalysis -- I did not have time to meet these folks). We visited a modern psychiatric ward there with the most impressive activity therapy resources I have ever seen (instrumental music, dance studio, art, exercise). The patients came up to us and stared and joked. We rounded off the trip with a visit to a panda breeding center.

I stayed a few extra days to visit the terracotta warriors in Xian and the Stone Forest in Kunming. It was a fantastic trip.”

In Focus

Our faculty, graduates, candidates, and students continue to make public presentations, receive honors, and engage in activities that bring favorable notice to the Institute. Recently:

- Alice Brand Bartlett
 - Earned her Ph.D. in Psychology from Fielding Graduate University on January 19, 2008.
 - Received the Frieda Fromm-Reichmann Award for her dissertation, *The Evolution of the Life Dream in the Development of a Psychoanalytic Identity: A Narrative Study of Women Psychoanalysts*.
- Bonnie Buchele, Ph.D.
 - Participated in an American Group Psychotherapy Association panel entitled "Power and Change in Group Systems: Positive Outcomes and Negative Outcomes" on February 21, 2008 at the annual meeting in Washington, DC.
 - Led a teaching institute at the Northeastern Group Psychotherapy Annual Conference on June 13, 2008 in Boston, MA.
- Martin Duran Maldonado, M.D.'s research at Truman Medical Center following up with preteens he first saw as infants and toddlers was featured in *The Kansas City Star* in an article entitled "Babies: Mom's Mental Health Key: 'Bad fit' between mother and child points to problems".
- Robin Onikul, D.D.S. was promoted to Chair of the Department of Dentistry at the Children's Mercy Hospitals and Clinics.
- Brian Paul, Ph.D. was awarded a scholarship from the American Group Psychotherapy Association to attend the annual meeting in Washington, DC in 2008.
- Irwin Rosen, Ph.D.
 - Was awarded the *Journal of the American Psychoanalytic Association* Paper of the Year for his article "Revenge - The Hate That Dare Not Speak Its Name: A Psychoanalytic Perspective" published spring 2007.
 - The Menninger Clinic in Houston, Texas will be inaugurating the Irwin Rosen Teaching Award this August.
- Helen Stein, Ph.D. was the presenter and Nancy Crawford, J.D. was the reporter for the panel titled "The Non-Judgmental Analyst Revisited" at the American Psychoanalytic Association June meeting in Atlanta.
- John Whipple M.D.; Peter Graham, Ph.D.; and Scott Stacy, Psy..D. officially opened their intensive outpatient treatment and professional coaching program in Lawrence, KS called Acumen Institute, LLC on June 1, 2008. You can visit their website, <http://www.acumeninstitute.org/>, for a complete description of their treatment philosophy and approach.
- Richard Zeitner, Ph.D. is the Director-Elect for the Greater Kansas City Psychoanalytic Institute.

Publications

- Robert Bota, M.D. and Walter F. Ricci, M.D. published "Empathy as a Method of Identification of the Debut of the Prodrome of Schizophrenia" in the *Bulletin of the Menninger Clinic*, Volume 71, number 4, Fall 2007.
- Richard Beck & Bonnie Buchele, Ph.D. coauthored a chapter, "Lessons Learned in Group Strategies for Survivors, Witnesses and Family Members" in *Group Interventions for Disaster Preparedness and Response*, R. Klein and S. B. Phillips editors.
- Bonnie Buchele, Ph.D. published "Music of Churches, Gangs and Other Groups" in *Group*, Volume 32.2, June 2008.

Special Thanks

- Cristina Davila, M.D. for obtaining benefactors for the Recruitment Luncheon and the Faculty Retreat.
- David Donovan, Ph.D. for paying for the Film Series brochure and its mailing.

Special Mention

- In Memory of June Horowitz, a gift was given to the Kansas City Psychoanalytic Foundation by Anthony Bram.
- In Honor of Alice Brand Bartlett's completion of her Ph.D. a gift was given to the Kansas City Psychoanalytic Foundation by Anthony Bram.
- Helen Stein is alive and well in New York City where she has a private practice, supervises psychology interns and graduate students, and writes about resilience. In May, she provided training to Houston VA and Menninger staff; in June, she participated in a panel at the APsaA meetings in Atlanta (see above).
- Barbara Teter, a third-year psychoanalytic training candidate, retired in May after 25 years in education both teaching and as a school counselor. She hopes for 25 great years in the mental health field and opened her private practice this March. Of her work to date she states, "the constant in both of these fields is the importance of the human relationship."
- Alaa Elhaj opened a private practice in July in Fairway, KS.

Please help us keep your colleagues informed by letting the Institute office know about your publications, speeches, and projects.

Gifts

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