

## Greater Kansas City & Topeka Psychoanalytic Center

# Welcome back! Here's to new beginnings!

"As we here at the Center continue our work for and with you, let's learn an important lesson from Black Lives Matter: that we all need to feel our significance deeply and personally. To really be OK we need to feel that we really Matter. We need to help instill this in ourselves, in our candidates, in our clients, and ... everywhere."

# The importance of mattering

Bob Feuer, Greater Kansas City-Topeka Psychoanalytic Center President





Black Lives Matter — so simple, innocent, and eloquent a statement — and yet so powerful. The Greater Kansas City-Topeka Psychoanalytic Center (GKCTPC) supports Black Lives Matter and affirms the foundational importance of inclusion and the enriching value of diversity. Early in the Black Lives Matter movement an adolescent client talked with me about what many were thinking, that ALL lives matter, so why affirm one group and not another? I suggested that her point of view is an ultimate aspiration but that not everyone feels that the idea of "everyone" really includes them. Broadening the message risks dilution. If we like to believe that all lives matter, does that really include all people, even people unlike us whom we may not understand or agree with? Does that even include ... me? Sometimes we really do need to hear that we specifically and uniquely matter, that I matter, and not just because of our role or function for others. If we are wanted while obedient and subservient, will we also be wanted when free to be ourselves? What if we're angry and less than



pleasing? Will you still approach me with acceptance? This is not just the struggle of adolescence.

My late father, both in his 25-year career as an elementary school principal and after retirement as a volunteer doing character education for young people, repeated his mantra to children, "You are somebody." He frequently taught this and would direct children to shout out together in pride, "I am somebody!" We even inscribed "You Are Somebody" on his headstone. I wish he had shared with me why this became his catch phrase, his mantra with children, and whether he ever personally related to the pain of not feeling he mattered enough. I myself wonder, as a Gay man, what it would have been like in my own development, perhaps when the AIDS crisis was taking political center stage in the 1980s, if there had been a Gay Lives Matter movement. How wonderfully validating and healing it would have felt for me to hear that my life as a Gay man mattered. I knew that all lives mattered, that everybody was "somebody," but I never really knew deep down if that actually, truly included me. The Gay rights movement began as an anti-police riot rebelling against police harassment and brutality at New York City's Stonewall Inn just over a half century ago. I remember when the debate about Gay rights was only about tolerance. Movements now seek the validation of acceptance and appreciation. Allies are encouraged to move from paternalistic saviorism to true inclusive solidarity. This is our task now.

As the new President of the GKCTPC, I want to affirm that Black Lives Matter. Racism and racist microaggressions are not acceptable. We invite more Black lives mattering in our Center, in our psychoanalytic education, and in our therapy offices. In addition and alongside this I want to affirm that YOU matter. I



want the Center to help make you feel wanted and valued as we continue to foster psychoanalytic thought and education in the region. I want Center membership to mean something to you, and for you to find a home in our programming, camaraderie, and mutual support. We live in isolating times but I want you to experience that we are all jointly involved in accomplishing something good here, something prosocial and something healing. We foster insight and self-awareness not only to understand ourselves in a bubble, but to also understand our influence on others in our re-creation and reenactment of unresolved earlier relationships. How does our unresolved or disowned anger and hate, projected onto and into others, reinforce our sense of victimization that recursively reinforces our self-protective yet destructive anger? We want the GKCTPC to be a critical resource so that the Center also matters to you. As we here at the Center continue our work for and with you, let's learn an important lesson from Black Lives Matter: that we all need to feel our significance deeply and personally. To really be OK we need to feel that we really Matter. We need to help instill this in ourselves, in our candidates, in our clients, and ... everywhere.

## A Place of Belonging

Larry Tyndall, Greater Kansas City Psychoanalytic
Institute Director







It is with a mixture of feelings that I begin as the new Director of the Greater Kansas City Psychoanalytic Institute. I am certainly honored and excited, and yet I am also sadly mindful that if not for her untimely death, our beloved Alice Brand Bartlett would still be with us and serving her term as Director. I will miss her ready smile and wise counsel as I navigate this new role.

Twenty-four years ago this Institute admitted its first class, and the Candidates, Directors, Training Analysts, and Faculty that invested their time and passion in promoting psychoanalytic thought and education have left an indelible legacy. When I began my analytic training as a mid-career professional I discovered in this Institute not only an approach to clinical work that rejuvenated me and deepened my practice, but also





a community in which I felt embraced and valued. As many of you have heard me say before, the lively and multi-dimensional discussions among Candidates and Faculty during my four years of academic training were what I had thought graduate school would be (but alas rarely was).

The first challenge we face together is how to foster the connections among our new Candidates and between them and our larger Psychoanalytic Community during this time of physical distancing and online classes. As all of us doing clinical work have experienced, online video communication, while a tremendous tool, also presents the complications of micro-misattunements (often due to technological glitches, lags, and distractions) that interfere with rapport and can serve to amplify negative transference and countertransference reactions. Likewise, I think many of us have already developed a kind of "screen" fatigue which makes the prospect of 5 hours of online classes every Friday daunting at best. We will be working with faculty to facilitate meaningful engagement of our Candidates with one another, our faculty, and our course content to help enliven the online learning experience.

It is exciting to realize that our 2020 class is our largest ever and includes people from Lincoln, Nebraska; Columbia, Missouri; Newberg, Oregon, and the Metro Kansas City area. One of my hopes is that we will continue to expand the Institute's outreach and presence in the region. I want this Institute to be known as a trusted resource for quality in-depth training for clinicians and academic candidates to help them understand the complex inner and interpersonal dynamics inherent in human beings. Our new Guest Scholar program, introduced as a "pilot" program last year, was deemed a success and provides an opportunity for professionals to



sample our coursework and experience for themselves the depth of training we provide without requiring that they commit "out-the-gate" to a two- or four- year training program. The necessity of moving to online classes in the short term has presented us with a new opportunity to reach beyond the metro area and attract new potential Candidates from the region who may have previously been unfamiliar with our programming. I'd also like to use this forum to invite those in our community with interest, ideas, and expertise in online outreach, website development, and marketing to join with our Outreach Committee in exploring ways to expand our virtual presence and outreach.

Many people may not realize that our faculty are all voluntary and are not financially reimbursed for teaching at our Institute. These individuals give of their time and energy because of the passion they feel for the value and utility of psychoanalytic ideas and practice. Eventually, I would love to see our faculty reimbursed for their time and efforts. In the short term, I envision our Institute beginning to add some time-limited continuing education "mini-courses" (perhaps one to three sessions) that could be open to the public for a fee and for which the presenters could receive an honorarium.

In closing, I am so aware of the strangeness of our current times with the tragedy of the pandemic, the need for physical distancing, the masking of our faces (and resultant further loss of human connection), as well as the troubling polarization of our culture politically and socially. Black Lives Matter and we welcome diverse voices in our curriculum, discussions, and community. I want our Institute and our psychoanalytic community to be for each of you the place of belonging and refuge that I have experienced and I invite you to be an active



# Greater Kansas City Psychoanalytic Institute 2020-21 Postsecondary Training

The Greater Kansas City Psychoanalytic Institute (GKCPI) offers training in the theory and practice of psychoanalysis and psychoanalytic psychotherapy to qualified mental health professionals, interested scholars, and practitioners from other disciplines. Classes meet on Friday afternoons from September-May at 1:30pm, 3:15pm, and from 5:00pm. For more information, visit our website at <a href="https://www.gkcpsa.org">www.gkcpsa.org</a>

#### First Quarter (Sept. 11-Oct. 30)

part of us!

Psychoanalytic Theory - History of Psychoanalytic Thought (Instructors: Yeshim Oz, MS, LIMPH; Jeanne Mosca, PhD)

Psychoanalytic Technique - Introduction to Psychoanalytic Psychotherapy (Instructors: Joanne Hindman, PhD; Jeffrey Bennett, PhD)

Continuous Case Seminar (Instructor: Michael Lubbers, PhD)

#### Second Quarter (Nov. 1-Jan. 15)

Psychoanalytic Theory - Introduction to Freud (Instructor: Michael Harty, PhD)

Continuous Case Seminar - (Instructor: Michael Harty, PhD)





Human Development – Infancy & Early Childhood (Mari Hayes, PhD; Jessica Almond, LPC, LCPC)

#### Third Quarter (Jan. 11-Mar. 19)

Psychoanalytic Technique – Developing a Psychoanalytic Treatment (Instructors: Richard Zeitner, PhD; Mary Frank, MD)

Continuous Case Seminar - (Instructor: Richard Zeitner, PhD) Psychopathology – Introduction to Psychodynamic Psychopathology (Instructors: Larry W. Tyndall, PhD; Jeremy Burd, MD)

#### Fourth Quarter (Mar. 26-May 19)

Psychoanalytic Technique – Transference Matrix (Instructor: Bonnie Buchele, PhD; Michelle Pfeifer, LIMHP)

Continuous Case Seminar (CCS) (Instructor: Bonnie Buchele, PhD)

Psychopathology – Psychoanalytic Assessment (Instructors: Deana Schuplin, LMHC: Thomas Bartlett, PsyD)

## Jessica Almond new Program Chair!

We are pleased to announce that Jessica Almond will serve as the new Program Chair for GKCTPC. Jessica will identify





local and national presenters for our upcoming Center Seminars and workshops. Center Seminars occur throughout the academic year (September through May) for Center members and interested members of the community. Speakers are invited to present on a wide range of interests from a psychoanalytic viewpoint. The Center also offers one or two workshops each year featuring



nationally known speakers on variety of topics of interest to the psychodynamic, psychoanalytic, and larger mental health community. If you have ideas for topics and/or presenters, please forward them to administrator@gkcpsa.org.

Congratulations again to our Class of 2016-20. While we had to close our year online, it was a success.

Best wishes to our new Candidates!





Pictured top to bottom, left to right: Breck Mundis, Michael Lubbers (instructor), Jeanne Mosca, Joanne Hindman (instructor), Michelle Pfeifer, Walt Flynn, Jennifer Dembowski, Jessica Almond, Larry Tyndall (Institute Director)

#### Rescheduled via Zoom for Oct. 26

# Gendering the Holocaust

Dr. Shelly Cline will focus during this seminar on the ways that gender impacted those who experienced the Holocaust.

Additionally, she will look at how those gendered differences appear in films in memorialization.







#### **Learning Objectives:**

After attending this session, participants should be able to:

- 1. Identify why gender is a useful category of analyzing the Holocaust
- 2. Understand different strategies employed by survivors based on their gender.

Shelly Cline is the Historian at the Midwest Center for Holocaust Education in Overland Park, Kansas. She received her Ph.D. from the University of Kansas. Her research focuses on the SS Aufseherinnen in the concentration camp system and the gendered perpetration of the Holocaust. Her research has been supported by grants from the University of Kansas and the Universität Hamburg. She has presented at national and international conferences. Cline has been an instructor in KU's Humanities Program and their Women, Gender, and Sexuality Studies Department, and has also served on the faculties of the Kansas City Art Institute and the University of Missouri-Kansas City.

#### Current Candidates

#### First-year candidates:

Holly D. Anderson, LCMFT Christine Rio Bistis-Nadala, MD, PhD, MPM Carrie M. Duncan, PhD Paul R. Hoard, PhD, LCPC Scott Koeneman, PsyD Raelyn M. Koop, LPC Jose Gary B. Nadala, MD Marrissa Rhodes, MS Michael J. Vogel, PsyD, LP

#### Third-year candidate:

Jennifer Dembowski, LCPC

#### Advanced candidates:

Jessica Almond, LPC
Thomas Bartlett, PsyD
Jeremy Burd, MD
Walt Flynn
Lori Hoodenpyle, JD (Continuing
Advanced Candidate)
Breck Mundis, LMSW
Michelle Pfeifer, LIMHP





#### Your officers for the year

President: Robert Feuer, LCP

**President-elect:** Thomas Bartlett, PsyD

Past president: David Blakely, MD

Secretary: Gail Barham

Treasurer: Nancy Crawford, JD

**Foundation president:** Rick Tirrell, PhD **Candidate rep:** Jennifer Dembowski, LCPC

Program chair: Jessica Almond, LCPC

Marketing & Outreach chair: Jeanne

Mosca, PhD

Ongoing Activities chair: Michael Harty,

PhD

APsaA Board of Director: Mari Hayes,

PhD

**APsaA Board of Director-Alternate:** 

Yeshim Oz, MS

APsaA Department of Psychoanalytic Education (DPE) Representative:

Deana Schuplin, LMHC

## Take good care, friends, and be safe!

The GKCTPC newsletter is produced by Jeff Burkhead, jburkhead@bertnash.org

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