

Greater Kansas City & Topeka Psychoanalytic Center

From the Center President

Nondiscrimination statement

With the start of a new academic year, I want to introduce you to the Center's first-ever nondiscrimination statement. We want to highlight our commitment to invite and support inclusion and diversity in our membership, teaching faculty, training activities, and leadership. We are eager to broaden our racial and ethnic diversity to better mirror the heterogeneity of our community at large. Please join us in inviting your fellow colleagues to learn more about our programming, study groups, and other offerings. We're here to support our mutual education and growth through informed psychoanalytic thought and practice.



Here is our statement:

The Greater Kansas City-Topeka Psychoanalytic Center values diversity in thought, theory, and identity as we work to promote a safe and supportive environment to educate the community and train professionals in psychoanalytic thought and practice. We strive to be inclusive of all races, cultures, and ethnicities. We welcome people of all ages, sexual identities, affectional orientations, gender identities, religions, national origins, physical abilities, and people of any relationship status in our programming, education, membership, leadership, and community. We acknowledge the destructive forces of systemic racism, religious persecution and intolerance, heterosexism, transphobia, ableism, and additional forms of othering and denigration that inhibit the experience of safety and security necessary for healthy individual, organizational, and societal growth and development. We value all people and invite thoughtful, reflective, inclusive, and compassionate relationships within our Center, our Institute, and our community at large.

Although our nondiscrimination statement is simple and aspirational, real inclusivity can be challenging. It becomes especially difficult when it requires the acceptance of points of view that challenge and contradict our deeply held values and beliefs. Originally in our discipline it was deemed heresy to

challenge the singular vision of Freud. Alternative schools of psychoanalysis emerged as rebellious children treated as if they were threatening to dishonor the true father and his legacy. In our own Institute we have successfully integrated various psychoanalytic perspectives and schools of thought. We are beginning to integrate more articles addressing race and diversity in our Institute's curriculum—written by voices representing diverse communities. Our primary struggles no longer seem to be with tolerating and accepting diverse perspectives of psychoanalytic theory and treatment. We mirror the culture at large in wrestling with welcoming and accepting divergent perspectives around politics, appreciating and challenging the overt and subtle effects of institutionalized racism, respectfully incorporating spirituality and religion, and accepting differing attitudes on COVID vaccination.

It is much easier to be tolerant and accepting when there is no acute threat that triggers our protective defenses. In our current uncertain world with escalating physical violence and uncertainty about our own fundamental health and safety, when another's simple breath may be potentially deadly, it's difficult to contain ourselves and to not be triggered into protective rage and isolation where the primitive division of "us versus them" seems to be the only way to separate and protect ourselves from threat. This challenges us to hold together, to really hold together, so that we may benefit from the holding environment of our Center and Institute—helpful for our own emotional regulation and growth as we "pay it forward" to our colleagues and clients. We need to access the safety of each other in order to activate our seeking systems that allow for the emergence of curiosity, learning, open discourse, and generativity.

Moreover, we must strive to recognize the splits within ourselves whereby we seek to disown and externalize our hatred and aggression, our terror and narrow-mindedness, our certitude and condescension—seeing those attributes only in others as we absolve ourselves of responsibility for contributing to the emotional divide.

This is the second pandemic of my lifetime, and politics and division have infused both. I know the pain and loss from the AIDS global epidemic where intimate contact could lead to chronic infection, and (initially in the epidemic) to a slow wasting away to death. Many do not know that AIDS originated as a government-determined diagnosis designed to limit disability payments by only allowing the diagnosis of AIDS at the latter stages of HIV infection when those afflicted were expected to live no more than two years. How many other diseases do you know of that are only diagnosed by their later stage progression?

So today we are again threatened by human contact where we are forced to use barrier methods of protection. The focus on condoms and dental dams has now given way to masks and shields. The focus on restricted sexuality is now given to social distancing and restricted social contact. The focus on pre-exposure prophylaxis (PrEP) medication for HIV is now on COVID prophylaxis vaccines.

What do we do when isolation is protective as well as destructive? We reaffirm our need for connection, cooperation, and integration in support of our own mental health and for the benefit of those we wish to help. We stand

together now (physically distanced when need be, utilizing our various means of protection) in order to promote healthy thought, discourse, and relationships even when under threat. We do this because we need each other, not just to survive, but to thrive.

Bob Feuer, Center President

Director's Corner

Our World Needs This

How do we remain vitally connected during a time when there is a resurgence of people contracting COVID and we are experiencing renewed mandates for physical distancing and masking? How do we respond to our own reactions to the measures recommended by health officials, our reactions to the decisions of others in relation to those recommendations, and the polarization that often ensues? How do we respond when another Black life is degraded or ended because of assumptions made simply due to the color of that person's skin? How do we react when we hear the accounts of refugees fleeing from Afghanistan and of those who don't make it?



I think that psychoanalysis has much to offer us in these contemplations. Just as we must learn to sit with “not knowing” in our individual therapy sessions, we must learn to sit with “not knowing” in our world. Otherwise, we are too quick to trust that we know the answers, that we have a corner on the truth market, and that those who disagree with us are in error and worthy of being discounted and marginalized.

Along with “not knowing” we also need curiosity. We need to allow ourselves to be curious to understand that which is unfamiliar and alien to us. We need to be open to perspectives that we have not considered, to life experiences that are different from our own, to realities that we have not yet encountered. We need to listen for what isn't being said—as well as to what is. And we need to consider what those voices other than our own are saying about themselves in relation to us. Isn't this the stuff of psychoanalysis? Isn't this what we do every day in our physical or virtual offices?

Additionally, I think we need to give ourselves permission: Permission to get it wrong and permission to learn from our mistakes. Permission to react from our fear and permission to recognize that's what we've done and to seek repair when needed. Permission to ask questions, to challenge our assumptions, and to own our own aggression, hatred, and other uncomfortable feelings. Otherwise, we risk splitting those feelings off and projecting them onto and into others.

Times of crisis make it incredibly easy for us to divide our world and ourselves into opposing camps where we split things into good/bad, right/wrong, and us/them. Psychoanalytic theory and thinking help us to recognize these tendencies in ourselves and provide a roadmap to help us hold these disparate parts of ourselves and our world together as a whole. My hope is that together, we will utilize our knowledge to forge a community that will help us to celebrate our differences, contain our uncomfortable feelings, and support one another as we wrestle with "not knowing." We need this. Our clients need this. Our world needs this.

Larry W. Tyndall, PhD, Institute Director

In Memory of Leonard Horwitz, PhD

Our Kansas City-Topeka psychoanalytic community, and indeed the whole world of psychoanalysis, lost an honored and cherished member with the passing of Leonard Horwitz, Ph.D., on August 1. In his long and distinguished career, Dr. Horwitz was therapist, teacher, supervisor, mentor, and role model to hundreds of his fellow professionals, first at The Menninger Foundation in Topeka, and for the past 20 years in Kansas City. He authored or co-authored three books and dozens of professional articles. Both at Menninger and on the wider professional scene, he played a major role in the development of group psychotherapy, and served a term as president of the American Group Psychotherapy Association from 1984 to 1986. During his Menninger years, he served as Chief Psychologist, as head of group psychotherapy, and as president of the Topeka Psychoanalytic Society. He was a Training and Supervising Analyst and a faculty member of the Topeka Institute for Psychoanalysis until its closing.



Len Horwitz was part of the Greater Kansas City Psychoanalytic Institute even before its beginning --- as a member during the early 1990's of the joint committee of Kansas City and Topeka analysts who planned the new institute in consultation with the American Psychoanalytic Association. Both before and after his move to Kansas City, prompted by the closing of Menninger, he was active as a teacher and supervisor of Kansas City candidates. Some of us had the good fortune to be exposed directly to his teaching and clinical consultation; all of us benefitted from his behind-the-scenes participation in numerous boards and committees, where his wisdom and experience were greatly valued. A few years ago, for his excellence in teaching mental health practitioners of multiple disciplines, he received the American Psychoanalytic Association's Edith Sabshin Teaching Award.

Len Horwitz was many things in addition to an accomplished and admired psychoanalytic professional: a lover of the arts, an informed and politically engaged citizen, a ferocious competitor on the tennis court almost to the end of

his life. But those who knew him best will remember him equally as an enjoyable companion, a stimulating and encouraging colleague, and a good and loyal friend. May he rest in peace.

Michael Harty, PhD

Congratulations to Our Graduate: Lori Hoodenpyle

It's been over 20 years since, unbeknownst to me, my life was changed forever when, during a psychology class at Avila College, Dr. Stephen Sirridge held up a brochure recommending an event sponsored by the Greater Kansas City Psychoanalytic Institute. I grabbed that flyer and never looked back, attending programs,



workshops and discussion groups that opened my eyes to the beauty and utility of psychoanalytic thinking. Soon I enrolled in the psychoanalytic psychotherapy program, thrilled to learn from analysts from the famed Menninger Clinic which, since childhood, I had known as a place where troubled souls could be healed with the balm of self-understanding.

Wanting more, I moved on as an academic candidate in the psychoanalytic training program, where I met like-minded trainees determined, not just to learn about analysis, but to deepen into a process that facilitates change while at the same time encouraging each one of us to become more distinctly who we were always meant to be. I am so grateful for the generosity and dedication of the analysts as well as my colleagues in the Institute who have given me this remarkable education that I use every day in my family law practice and in life.

Mark Your Calendar

Upcoming CME/CEU Opportunity:

“Apprehending Caste”

Instructors: Paul Koehler, LCSW* and Michelle Pfeifer, LIMHP**

Date: 2nd Monday of the month, beginning October 11, 2021 (8 sessions)

Time: 7:00PM to 8:30PM Central Time on Zoom

Fee: \$360 Regular Attendee Rate (includes 12 CMEs)

\$300 Our Center Membership Rate (includes 12 CMEs)

\$150 Candidate/student Rate (includes 12 CMEs)

“Apprehending Caste” is an 8-session online mini-course that will be organized around the careful reading and study of Isabel Wilkerson’s recent

book, *Caste: The Origins of Our Discontents*. In the book Ms. Wilkerson explores the “deep structure” of caste in our culture, and she convincingly draws parallels between our caste system and the caste system imposed by Nazi Germany as well as the centuries-old caste system in India. We will augment our study of Ms. Wilkerson’s book by considering selected psychoanalytic writings from the work of Betty Joseph, John Steiner, Herbert Rosenfeld, Ron Britton, Vamik Volkan, and others, in order to further our understanding of the individual and group psychodynamics that serve to sustain our caste system. As we think together, we will identify and study the effects of that system on the internal worlds of our patients, on ourselves as practitioners, on the clinical encounter itself and the larger world we live in together. This course is open to all interested. However, enrollment will need to be limited to the first 15 people to enroll.

**For more information or to register for this event,
please [click here](#).**

***Paul Koehler, LCSW**, is a graduate of the Institute for Psychoanalytic Psychotherapies and of the Washington School of Psychiatry’s Object Relations Training Program. He is a senior faculty member of the International Psychotherapy Institute, Washington, DC. He is co-author of *Suffering and Sacrifice in the Clinical Encounter*, published last year by Phoenix Publishing House. Paul is in private practice in Doylestown, PA.

****Michelle Pfeifer, LIMHP**, is a recent graduate of our GKCPI analytic training program and a faculty member of the Philadelphia Psychotherapy Study Center’s Psychodynamic Psychotherapy Certificate Program. She is in private practice in Omaha, NE.

2021-22 Post-Graduate Training

The Greater Kansas City Psychoanalytic Institute (GKCPI) offers training in the theory and practice of psychoanalysis and psychoanalytic psychotherapy to qualified mental health professionals, interested scholars, and practitioners from other disciplines. Classes meet on Friday afternoons from September to May at 1:30pm, 3:15pm, and 5:00pm. For more information, visit our website at www.gkcpsa.org

First Quarter (Sept. 10-Oct. 29)

Psychoanalytic Theory - Ego Psychology: Freud to the Present
(Instructor: Michael Harty, PhD)

Continuous Case Seminar

(Instructor: Deana Schuplin, LMHC)

Psychoanalytic Technique – Interpretation

(Instructors: Deana Schuplin, LMHC; Lori Hoodenpyle, JD)

Second Quarter (Nov. 5-Jan. 14)

Psychoanalytic Theory – Object Relations 1

(Instructors: Jeffrey Bennett, PhD; Jeanne Mosca, PhD)

Continuous Case Seminar

(Instructor: Michael Lubbers, PhD)

Special Topics: Professional Issues – Ethical Thinking and Practice
(Instructors: Michael Lubbers, PhD; Mary Frank, MD)

Third Quarter (Jan. 21-Mar. 18)

Psychopathology – Trauma and Loss
(Instructor: Sue Russell, PhD)

Continuous Case Seminar

(Instructors: Mari Hayes, PhD; Becquer Benalcazar, PhD)

Psychoanalytic Theory – Self-Psychology and Relational Theories
(Instructors: Mari Hayes, PhD; Jessica Almond, LPC)

Fourth Quarter (Mar. 25-May 20)

Psychoanalytic Theory – Affects and Emotions
(Instructors: Walter Ricci, PhD; Robert Feuer, LCP)

Continuous Case Seminar

(Instructor: Bonnie Buchele, PhD)

Psychopathology – Personality Styles: Schizoid, Borderline & Narcissistic
(Instructor: Larry Tyndall, PhD)

Current Candidates

Second-year candidates:

Holly D. Anderson, LCMFT
Christine Rio Bistis-Nadala, MD, PhD,
MPM
Carrie M. Duncan, PhD
Paul R. Hoard, PhD, LCPC
Scott Koeneman, PsyD
Raelyn M. Koop, LPC
Jose Gary B. Nadala, MD
Marrissa Rhodes, MS, MA, LPC

Fourth-year candidate:

Jennifer Dembowski, MA, LCPC

Advanced candidates:

Thomas Bartlett, PsyD
Jeremy Burd, MD
Breck Mundis, LSCSW

Your officers for the year

President: Robert Feuer, MA, LCP

President-elect: Thomas Bartlett, PsyD

Past president: David Blakely, MD

Secretary: Gail Barham

Treasurer: Nancy Crawford, JD

Foundation president: Karl Menninger, III,
JD

Candidate rep: Jennifer Dembowski, LCPC

Program chair: Jessica Almond, LCPC

Institute Director: Larry W. Tyndall, PhD

Director-Elect: Mari Hayes, PhD

Marketing & Outreach chair: Jeanne
Mosca, PhD

Ongoing Activities chair: Michael Harty,
PhD

APsaA Board of Director: Mari Hayes,
PhD

APsaA Board of Director-Alternate:
Yeshim Oz, MS

The GKCTPC newsletter is produced by Jeff Burkhead, jb Burkhead@bertnash.org

