

February 2024

Greater Kansas City - Topeka Psychoanalytic Center

From the Center President

Dear Members,

I would like to begin by congratulating Dr. Bonnie Buchele on her recent election win as president-elect of APsA. This is a major professional accomplishment and one that is within keeping of Dr. Buchele's professional trajectory. She has established herself as a leader and significant contributor in many professional areas, both in psychoanalysis and group therapy. I want to share a few quotes from the APsA listserv that I believe capture her well. Dr. Kathryn Zerbe posted, "For those of us who worked closely with Bonnie at Menninger, it has been no surprise (but nonetheless a great pleasure) that we have watched her go on to distinguish herself (and through it advance the field of psychoanalysis in this most difficult current cultural climate) as President of the Group Psychotherapy Association and as an International Consultant in places such as Ireland and Japan." Judith Ovalle, MD, expressed, "I am also amazed at the energy Bonnie has as well as her resilience and ability to continue creating in the face of personal loss. Her remarkable strengths keep her going: she is a woman, mom, friend, and Director of many activities. I certainly know that being APsA President-Elect requires more than being an experienced group analyst. Bonnie has not just this ability but also the experience of working and knowing from the inside the major structural problems we have, which I think she will firmly and consistently address without stopping, always including everyone as she did with me in our local institution." I think Bonnie is a good reflection of the amazing potential of the many talented and capable people in our Center.



I am aware that it is close to the end of the academic year, which means the last year of classes for our fourth-year candidates and the beginning of the third year in sight for our second-year cohort. This is all to say that we are rapidly approaching a time of transition, completion, and change once again.

Similarly, the Institute and Center will be under new stewardship in July with Mari Hayes serving as Institute Director and Jessica Almond as Center President, both highly capable, talented, and creative people. I think we will have some exciting growth and development in our Institute and Center in the next years to come. I hope to see everyone at our annual Spring Workshop on

April 27, and I thank Lori Hoodenpyle for her effort and hard work in making this happen.

Thomas Bartlett, Center President

APsA National Meeting

First-time attendees and sponsors from GKCTPC who attended the APsA National Meeting Feb. 6-11 in New York. Thank you for representing GKCTPC!

First-time Attendee	Sponsor
Jennifer Dembowski	Deana Schuplin
Scott Koeneman	Michael Lubbers
Alysa Koeneman	Bonnie Buchele
Avery Lawson	Mari Hayes
Carlos Rivera	Andrew Schuplin
Linden Dalecki	Tom Bartlett

The Kansas City Public Library
Greater Kansas City and Topeka Psychoanalytic Center

SCIENCE FICTION

Searching the Psyche Through Cinema
2024 Film Series

All films are at the Plaza Branch of the Kansas City Public Library,
4801 Main Street, Kansas City, MO 64112
Truman Forum auditorium downstairs

RSVP: kclibrary.org - 801.701.3407

**Eternal Sunshine of the
Spotless Mind**
Presented By

Robin Li, Adrian Torres

Sunday, March 3, 2024, 1:30 - 4:30 pm
Plaza Branch
Truman Forum Auditorium

[Click here to register](#)

The 2024 Searching the Psyche Through Cinema film series, which looks to the arts (and this year, to science fiction) to illuminate our understanding of ourselves, continues with a screening and discussion of 2004's *Eternal Sunshine of the Spotless Mind* (R, 108 min.) and its story of memory. Good and bad memories help shape the internal workings of all humans, so what happens when couple Joel (Jim Carrey) and Clementine (Kate Winslet) can no longer remember? A tech corporation, manned by characters played by Kirsten Dunst, Tom Wilkinson, Elijah Wood, and Mark Ruffalo, has its own dim notions about how and when to use its mind-altering science and toward what end. A post-screening discussion is led by psychologist Robin Li and film critic Adrian Torres.

Monday Night Seminar March 4 on Zoom 7-8:30 p.m. CDT



Race, Power, and Privilege: Ethical Questions in Psychoanalytic Practice with Karen Fraley, LCSW

Karen Fraley will explore the ethical implications of addressing racial and ethnic identities in psychoanalytic treatment and how the psychoanalyst can provide a safe and non-oppressive therapeutic environment for patients of diverse backgrounds. She will discuss shifts in technique that are called for as we expand our understanding of the social unconscious and its relevance in the formation of deeply rooted and complex unconscious identifications in our patients and ourselves. The Presenter and Participants will discuss unconscious biases and biases inherent in psychodynamic theory and technique and analyze unconscious power imbalances in the therapeutic relationship that can potentially contribute to therapeutic impasses and enactments. Participants are invited to bring personal clinical examples of being caught unawares in an unconscious racial bias, power differential, or enactment for discussion.

[Click here to register](#)

LEARNING OBJECTIVES:

After attending this session, participants should be able to:

1. Describe and apply two psychoanalytic techniques for the ethical exploration and negotiation of racial identities in the therapeutic relationship.
 2. Predict two possible outcomes of the therapeutic process when unconscious power imbalances are not addressed.
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**GREATER KANSAS CITY
AND TOPEKA
PSYCHOANALYTIC CENTER**

Early Bird Registration Available until April 13th!

SPRING WORKSHOP

Saturday, April 27, 2024

9:00am to 4:00pm CDT

In-person option includes morning beverages and lunch



***Trauma of Human Agency,
Transmission of Trauma through Generations,
& Reparation through Embodied Witnessing:
A New Vision for Diagnosis &
Treatment of Trauma****

PRESENTER: Clara Mucci, PhD

Full Professor of Dynamic Psychology

University of Bergamo, Italy

[Click here to register](#)



Dr. Clara Mucci is a Full Professor of Dynamic Psychology at the University of Bergamo, Italy where she is also the Coordinator of the Graduate Program in Clinical Psychology. She served as a Full professor of English Literature and Shakespeare Studies until 2012 (University of Chieti, Italy). After a PhD in English Studies, she received a PhD in Literature, Anthropology, and Psychoanalysis from Emory University, Atlanta in 1999. She retrained in Clinical Psychology with a graduate degree from the University of Chieti and a fellowship at the Institute for Personality Disorders in NYC (2004). She is a

licensed Psychoanalytic Psychotherapist trained at the Italian Society for Psychoanalytic Psychotherapy in Milan and a practicing psychoanalyst, teacher, and supervisor. She is a reviewer for the American Journal of Psychoanalysis (American board), *International Forum of Psychoanalysis*, and *Psychoanalytic Perspectives*. In addition, she is the author of five monographs (in Italian) on Shakespeare, Women's writing, and literary theory. She has authored three books in English. She coauthored *Confusion of Tongues Theory of Trauma, A Relational Neurobiological Perspective*, (2023). She serves on the editorial board of the *American Journal of Psychoanalysis*, the *International Forum of Psychoanalysis*, *Psychoanalytic Perspectives*, and the Italian Journal *Wise Baby*. Dr. Mucci is the University supervisor and scientific guarantor for three Psychotherapy Institutes for Training in Italy. She lectures extensively in Italy and internationally. In the US she is a guest-supervisor for the National Institute for Psychotherapy (NIP), and she taught for the Institute of Contemporary Psychotherapy, New York and the Postgraduate Psychoanalytic Society and Institute, New York. In previous years when she was a Professor of English Literature and Shakespeare, she also taught courses on Shakespeare, Italian Women Writers, and Italian Twenty-first Century Novels and Cinema for Hunter College, New York. She was also Instructor of Italian for the Polytechnic of Central London, now Westminster College, London.

Spotlight

Andrew Schuplin

Second-year Candidate

The worlds of Engineering and psychoanalysis wouldn't necessarily seem to be related.

But for Andrew Schuplin, they are.

Andrew worked as an engineer for 25 years before deciding in 2017 to go in a completely different direction.

The move was influenced by his wife, Deana, who is a licensed mental health counselor and is also a training analyst for the Greater Kansas City-Topeka Psychoanalytic Center. Andrew and Deana live and practice in Des Moines, Iowa.



“I knew a lot of people at the Institute through my wife,” Andrew said. “Through her, I got to know the senior members through her participation with the Institute. So, I had a pretty good idea what I was getting myself into.”

Andrew has graduate degrees in electrical engineering and computer science and worked in the areas of machine automation and control before transitioning to a new career in mental health counseling. He is currently a second-year candidate at the Institute.

“Through supervision, through advising, through the seminars, it’s all been a good experience,” he said.

Andrew retired from engineering in 2019. While he was still working as an engineer, he completed a Masters of Science degree in Mental Health Counseling from Drake University in Des Moines. Andrew has also completed the Fellowship in Psychoanalytic Thought at the Greater Kansas City Psychoanalytic Institute.

Andrew is provisionally licensed in Mental Health Counseling and has worked at the House of Mercy in Des Moines as a residential and outpatient primary counselor.

“I hope to have all of my hours for my independent license this summer and continue on with the Institute,” said Andrew, who is on track to finish with seminars in 2026.

Even with his engineering background, there was always something that interested Andrew in psychology.

“There was always something there that interested me in this area, and I’m just trying to reconnect with what that was,” he said. “There are elements of engineering that can apply to analysis. For example, a systems approach is popular in some areas of psychoanalysis just as it is in engineering; it’s a way of looking at the whole picture. But then there are things that are completely different. In engineering, I always had a plan. But it’s kind of freeing to be at a certain point on the trajectory of this new career and to let it unfold.”

Spotlight

Charles West

Second-year Candidate

Charles West’s introduction to psychoanalysis happened rather organically.

“I kind of stumbled into it through therapy I had started in 2015, which eventually transitioned into analysis,” he

said.

Charles, a Licensed Professional Counselor with an MA in Counseling, joined the Greater Kansas City Psychoanalytic Institute in 2022. He is a second-year candidate.



“My experience within analysis has been very refreshing,” he said. “It has helped me understand myself more.”

It’s also been challenging.

“I’ve always been kind of a back-of-the classroom type of learner. This has challenged me to participate in a different way,” he said.

His Institute experience has also carried over to his private practice.

“It’s expanded my capacity to listen,” he said. “Even unconsciously I find myself making changes because of the reading or the case we are working on.”

Charles started practicing in 2018. He operates Discover Counseling in Shawnee, KS, along with his wife, Briana. She started practicing in 2022. They were married in 2016.

“I was kind of surprised when she told me she wanted to go to grad school and train to be a therapist,” Charles said. “But it has helped to share a common language.”

For Charles, his entrance to this field was motivated by a desire to help people.

“I’ve long been interested in understanding people and being able to help is important to me,” he said. “And psychoanalysis is this framework that honors the complexity of people’s experience.”

Candidates

Advanced Candidates:

Thomas Bartlett, PsyD
Jeremy Burd, MD
Jennifer Dembowski, MA, LCPC

Second-Year Candidates:

Iman Burns-Khan, LISW
Linden Dalecki, PhD
Yasaman (Yasi) Hemmat, MD
Jenny Huberman, PhD
Jeremy Kinser, PhD
Elise Sanders, LPC
Andrew Schuplin, MS
Charles West, MA

Fourth-Year Candidates:

Holly D. Anderson, LCMFT
Christine Rio Bistis-Nadala, MD, PhD,
MPM
Carrie M. Duncan, PhD
Scott Koeneman, PsyD
Raelyn M. Koop, LPC
Jose Gary B. Nadala, MD
Marrissa Rhodes, MS, MA, LPC

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LMHC

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Oz, LPC

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